Patients Involvement in Quality and Safety Research

10 ways to effectively engage patients and caregivers in research to foster innovation in quality and safety

1

Acknowledge patients contribution:

Recognizing participants' insights and experiences is crucial. They enrich project outcomes. When patients actively contribute, it enhances trust and transparency.

3

Assess and enhance competencies:

Assess and train patients and researchers in the skills and competencies to make the most of their strengths.

5

Define mutual expectations:

Set clear expectations and boundaries, both as partners and as patients, to ensure effective collaboration.

7

Respect patients' time:

Allocate enough time for patients to participate in the various project activities and involve them as equal partners in the research process.

9

Encourage co-creation:

Engage in a co-creation process with researchers, in which all stakeholders are actively involved from the beginning of each phase of the project to improve the knowledge transfer within the project.

2

Allocate resources:

Allocate time and resources to recognise participants' invaluable contributions, and consider engaging collaborative partners to enhance the involvement process.

4

Empower patients with practical tools:

Provide training, resources and adapted educational materials to empower participants to make meaningful changes in their involvement.

6

Be responsive to patient needs:

Understand and meet the specific and evolving needs of patients and caregivers. This is an essential element for successful research initiatives

8

Tailor levels of involvement

Recognise that the degree of patient involvement may vary in different project activities. Take into account their experience and preferences for the specific demands of each task.

10

Seek synergies

Identify similarities between projects to foster collaboration between researchers, patients, and caregivers.





The European Commission-funded projects under the topic 'Enhancing Quality of Care and Patient Safety' are launching this Decalogue aimed to inspire researchers, clinicians, and policymakers in their engagement strategies.

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